

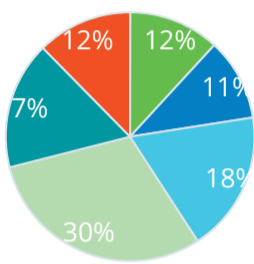
Psychiatry eConsults

The eConsultBASE™ service improves access to specialist care for patients by facilitating electronic communication between Primary Care Providers (PCPs) and specialists

From July 2011 to January 2015, **169 eConsults** were requested to psychiatry specialists

Content of questions asked by PCPs

% of eConsults



Depressive Disorders	30
Anxiety Disorders	17
Neurodevelopmental Disorders	12
Bipolar and Related Disorders	12
Schizophrenia Spectrum and Other Psychotic Related Disorders	11
Other	18

In the other category, topics included: substance-related and addictive disorders, obsessive-compulsive and related disorders, neurocognitive disorders and more



87% of cases took 15 minutes or less to complete



Average response time was **3.2 days**

The most common questions from PCPs pertained to...



75.7% Drug Treatment

- Drug of choice
- Adverse effects from medications
- Prescribing Indications



13.6% Management

- General management
- Other providers available



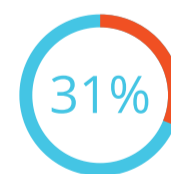
10.1% Diagnosis

- Interpretation of results/lab tests

62.1% of eConsults provided advice on a new or additional course of action.

In **32.5%** of cases, the current treatment plan was validated.

"Excellent collaboration, very quick response..."



Referral was originally considered but avoided as a result of eConsult

Case Example

Day 1

PCP asks specialist about a patient with depression who is currently using Effexor XR but continues to have avolition, low energy, excessive sleepiness, low self-image and craving for sweets. PCP requests suggestions for altering her medication treatment.

Day 1

Specialist recommends increasing the dose of the current medication and adding Wellbutrin to the medication regime.

Day 6

PCP accepts recommendation and closes case.

